



Fremont Christian

Early Education Department

2018

*For I know the plans I have for you,
declares the Lord,
Plans to prosper you and not to harm you, plans to give you
hope and a future.
Jeremiah 29:11*

Welcome Back: Returning to School Successfully

We hope everyone enjoyed their Christmas Break with family and friends. Vacation times are usually filled with celebrations, visiting guests, or travel, and are typically a vast contrast to your child's typical school day routine. While a break is important for both families and staff, it is often a challenge for parents and children to acclimate back to school.

Last month we provided some guidance on how to maintain routines during the Christmas Break in anticipation of coming back to school. This month's Teaching Pyramid focus is on ***How to Help Your Child Have a Successful Morning***. A companion handout is available on ParentsWeb for your review. We hope these tips and supports help to guide you in having a smooth transition back.

Teachers will be providing a refresher to students regarding our school rules **Be Kind, Be Safe, Be Respectful**. Classrooms will also emphasize building positive relationships with teachers and peers, with special attention to friendship skills that include cooperation, inclusiveness, and emotional literacy. Make sure to review your *This Week at School* for your child's classroom specific areas of learning and visit <https://cainclusion.org/teachingpyramid/materials-family.html> for family connection resources.



It's Field Trip Season!!

Field Trips are special enrichment opportunities that are associated to social studies learning measures, and an opportunity to learn outside the classroom.

Field Trip locations are planned based on distance, age expectations of the location, availability, and can be pre-scheduled up to a year in advance due to limited availability.

We prioritize children's safety on trips, and rely on parent participation to help lower our ratios to the required 1:7 ratio set by Community Care Licensing for field trips. Field Trip shirts are worn to support visual supervision while away. We also have a capacity for parent participation due to the limitations of our bus sizes. Administrators work to balance parent participation, staff to child ratios, as well as planning trips that are educationally stimulating and fun.



Please make sure to be checking your ParentsWeb account regularly for your child's next scheduled trip.

Partners for a Healthy School Environment

FCS Preschool is highly committed to maintaining safe, clean, and healthy environments. All classrooms are cleaned by a professional custodial service daily, and our teachers maintain the surfaces, and general cleanliness throughout the day using products from our partnership with Purell. Teachers also follow a toy cleaning schedule, and wash any items that have been observed in someone's mouth right away. Carpets and floors are steamed and sanitized twice annually, and will be completed over Christmas Break. **Please review the items below for how you can partner with efforts for a healthy school environment.**

Handwashing Practices

Community Care Licensing provides us guidelines for handwashing requirements that include a mandate to wash:

- **entering the classroom from outdoors**, including arrival to school. Please partner with us to ensure that children wash their hands before participating at school.
- before mealtimes.
- after bathroom use.
- any time a teacher observes a child touching their nose, eyes, or mouth.
- before and after messy activities.



Partner with us by maintaining these practices at home.

Doctor Notes to Return within 24 hours of identified symptoms:

All doctor notes must reference that the child is free of communicable illness and can be admitted to a school environment. We request the doctor note to be written directly on the Illness Report provided by your classroom teacher. All doctor notes for return must be evaluated by a FCS Preschool Administrator (Director, Site Supervisor, Opening Coordinator, Closing Coordinator) before the child can be accepted back into care. Non-compliance with this policy and procedure can lead to dismissal.

Keep Me Home If...



Seattle King County Department of Public Health

When Your Child is Sick:

1. Have plans for back up child care.
2. Tell your caregiver what is wrong with your child, even if your child stays home.