

September

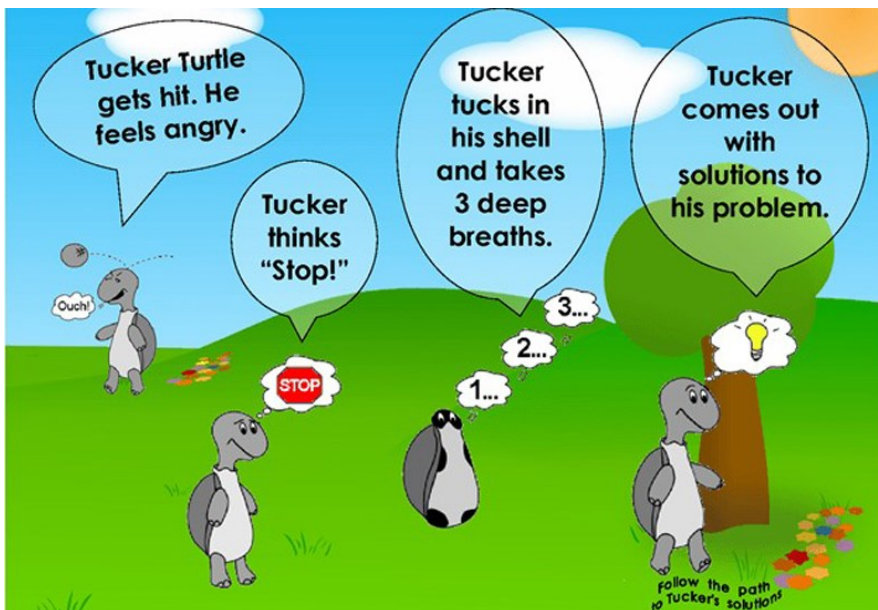
2019

Tucker Turtle Takes Time to Think



Tucker Turtle is a social emotional teaching strategy that we use in all of our preschool classrooms to support children in learning how to self-regulate, calm, and prepare to problem solve when presented with conflict.

Preschool environments offer a healthy level of peer conflict that presents opportunities to practice regulating, defining, expressing, and experiencing a variety of strong emotions. Now that children have developed deeper understandings of our school rules (We are Kind, Safe, and Respectful), which we will continue to teach, children are now more equipped with a framework for when they need to engage in "Thinking like a Turtle." See the image below for the steps to problem solving that you can easily apply at home. Bridging home and school connections support building deeper meaning for children.



Learn more at
www.cainclusion.org
and Select 'Teaching
Pyramid for Families.'

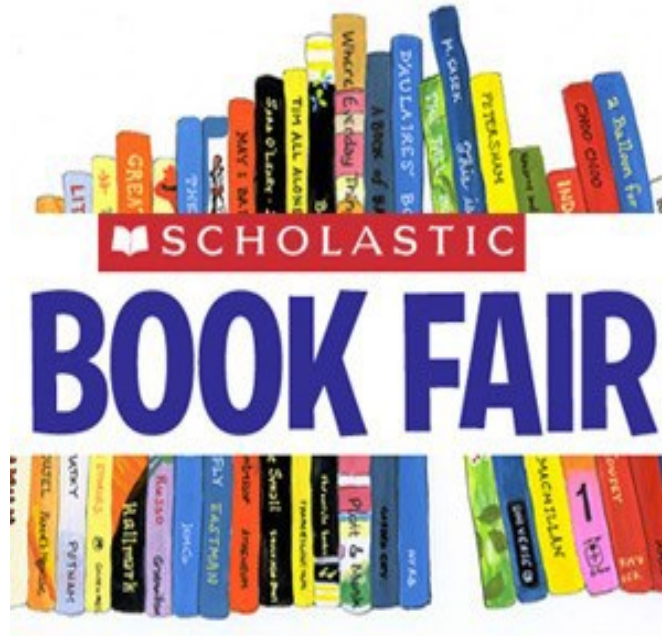


LifeTouch®

PRESCHOOL PORTRAITS

Picture Day

Tuesday, September 3



**In the Early Education Office
September 6-13!**

Warrior Family 5K Fundraiser

Fremont Christian School invites you to participate in our Annual Warrior Family 5K, taking place at Quarry Lakes on **Saturday, October 5, 2019 at 7:30-9:30am**. Come run 3.1 of fun and show off your Warrior spirit! All participants will receive a commemorative t-shirt and a customized finisher's medal. Water stations, music, refreshments at the finish line, and encouragement will all be provided for registered participants. Kids and walkers are welcome to register. You don't have to be a member of the FCS community to come out on a beautiful Saturday morning to join us in promoting a healthy lifestyle. All proceeds support student programs at Fremont Christian School. Visit www.fremontchristian.com.

Fundraiser Event Details & Schedule available online.

