### **Fremont Christian School 2020**

## Summer Focus Camps



## Girls Soccer Camp: July 20-24

Coach: Bryan da Silva - FCS Girls Soccer Head

Coach Grades: 3-8

Price: \$350

Times: 9:00 AM - 3:00 PM

Lunch: Can be purchased through ChoiceLunch or

brought from home

Extended care: 7:00 AM - 6:30 PM AM Extended Care: \$40 per child PM Extended Care: \$80 per child Combo Extended Care: \$110 per child

Coach Bryan da Silva has over 10 years of experience of coaching Youth Soccer. He has coached over 30 teams in that time span in Rec, Premier, Junior High and Varsity. His players have ranged in skill level from Beginner soccer player to advanced. He has groomed state level, NPL and numerous Premier level players throughout his coaching tenure.

In this camp players will learn soccer basics, fundamentals, player development skills, and team soccer play. A focus on ball control, passing and team defending skills will be taught by drills, small sided games and games. Improve on these skill sets and to get ready for the upcoming Fall soccer seasons.

# **Boys Soccer Camp:** July 27-31

Coaches: Joseph Castro - FCS Boys Soccer Assistant Coach, Nick Liston - FCS Boys Soccer Head Coach

Grades: 3-8

Price: \$350

Times: 9:00 AM - 3:00 PM

Lunch: Can be purchased through ChoiceLunch or

brought from home

Extended care: 7:00 AM - 6:30 PM AM Extended Care: \$40 per child PM Extended Care: \$80 per child Combo Extended Care: \$110 per child

At FCS Summer Soccer Camp, players will engage in technical and tactical skill based learning in a fun and encouraging environment. We will focus on conditioning, individual skill development, group skill development, while building on our core values of excellence, teamwork, and sportsmanship. All skill levels accepted.

#### **Register & Eligibility**

Registration for Summer Focus Camps are completed online. Please access on our website: fremontchristian.com and click on the Summer tab.

Due to Visa regulations, FCS is not currently accepting international students in the Summer Enrichment Program.

Questions about Summer Enrichment Program can be emailed to mwestphal@fremontchristian.com.





# **Summer Focus Camps**

Summer 2020

Grades 1-8 - Placement based on grade entering in Fall 2020 (Limited Availability)

# Fremont Christian School Summer Focus Camps

Fremont Christian School invites students with special interests in basketball, baseball, soccer, and music to improve their skill set with our high level coaches and instructors. Our Varsity coaches will lead the sports camps while our highly decorated choir instructor will lead two separate camps... one for choral students to perfect their vocal prowess and one for the future rock stars of America to work together as a rock & roll band.

## East Bay Acapella Academy: June 8-19

Teacher: Joseph Castro

Grades: 3-8

2 different Sessions Price per Session: \$550

Session 1: 9:00 AM - 11:00 AM

Extended care available from 7:00 AM to 9:00 AM AM Extended care: \$40 per week

Session 2: 1:00 PM - 3:00 PM

Extended care available from 3:00 PM to 6:30 PM PM Extended care: \$80 per week

Joseph Castro, M.A, is the Director of Choral Studies at Fremont Christian School, an international Solist and Choral Conductor, Adjunct Professor at CSUEB, and Private Vocal Coach. Mr. Castro has traveled around the world performing and conducting in various places such as Prague, Salzberg, Vienna, Munich, Israel, and throughout the United States. In addition to having his private vocal studio, Mr. Castro is an active soloist and clinician throughout the Bay Area high school and community ensembles.

The East Bay Acapella Academy will immerse singers in a high quality vocal training and performance environment. You will learn various genres of music including contemporary acapella music, beatboxing, musical theater, and popular music. Basic through advanced vocal techniques will be taught along with performance style and practice to elevate your individual and collaborative skills. You will perform for your peers and fellow campers at the end of the session in a show stopping performance enhanced with choreography and movement. For additional questions, please feel free to contact Mr. Castro, jcastro@fremontchrisitan.com



Boys Basketball Camp: Session 1: June 15-19 Session 2: July 20-24

Coach: Michael Westphal - FCS Boys Varsity Basketball Head Coach Grades: 3-8

Price: \$350

Times: 9:00 AM - 3:00 PM

Lunch: Can be purchased through ChoiceLunch or

brought from home

Extended care: 7:00 AM - 6:30 PM AM Extended Care: \$40 per child PM Extended Care: \$80 per child Combo Extended Care: \$110 per child

Coach Westphal has been coaching high school basketball for the past 10 years. He has developed and coached countless college and NBA players such as Miye Oni (Yale, Utah Jazz), Ryan Hiepler (Liberty), Aleks Abrams (Cal Poly). Coach Westphal played basketball collegiately at the University of Washington and Pepperdine University and many of his old teammates and friends are current college coaches like Will Kimble (San Jose State University), Lorenzo Romar (Pepperdine University), and Chris Acker (Boise State University)

In Coach Westphal's camp, you will be taught the fundamentals of basketball while putting them to use through individual drills, team drills, and tournament-style games. Prepare for the next level and learn the skills to be the best player you can be.

Baseball Camp: Session 1: June 22-26 Session 2: July 6-10

Coach: Chris Gomez - FCS Varsity Baseball Head

Coach Grades: 3-8

Price: \$350

Times: 9:00 AM - 3:00 PM

Lunch: Can be purchased through ChoiceLunch or

brought from home

Extended care: 7:00 AM - 6:30 PM AM Extended Care: \$40 per child PM Extended Care: \$80 per child Combo Extended Care: \$110 per child

Coach Gomez started Coaching Varsity Baseball 20 years ago. He has helped develop and coach former Professional and current College ball players such as Jarrad Page, Dennis Dixon, Ray Stokes and his Son Bubba Gomez who currently plays Division 1 Baseball in Alabama. His Varsity Baseball team at Fremont Christian won the 2019 North Coast Section Title.

In Coach Gomez's camp, he will focus on the fundamentals of baseball by using both individual and team drills. We will fix bad habits, and get you ready both physically and mentally for the next level. We will finish up with our World Series, which is always a favorite of the camp!

# Rock & Roll Band Camp: July 13-24

Instructor: Joseph Castro Grades: 6-8

2 different Sessions Price per Session: \$550

Session 1: 9:00 AM - 11:00 AM
Extended care available from 7:00 AM to 9:00 AM

AM Extended care: \$40 per week

## Girls Basketball Camp: July 13-17

Coach: Chris Gomez - FCS Girls Varsity Basketball

Head Coach Grades: 3-8

Price: \$350

Times: 9:00 AM - 3:00 PM

Lunch: Can be purchased through ChoiceLunch or

brought from home

Extended care: 7:00 AM - 6:30 PM AM Extended Care: \$40 per child PM Extended Care: \$80 per child Combo Extended Care: \$110 per child

Coach Gomez started Coaching Basketball 24 years ago. He has helped mentor and coach many players both male and female over the years. His point guard CJ Reed is currently playing at Citrus College. His Varsity Basketball team at Fremont Christian won the 2020 BCL Championship, finishing undefeated.

In Coach Gomez's camp, he will focus on the fundamentals of basketball by using both individual and team drills. We will fix bad habits, and get you ready both physically and mentally for the next level. We will finish up with our end of the week Tournament to test your skills, while still having fun.



Session 2: 1:00 PM - 3:00 PM Extended care available from 3:00 PM to 6:30 PM PM Extended care: \$80 per week

Joseph Castro, M.A, is the Director of Choral Studies at Fremont Christian School, an international Solist and Choral Conductor, Adjunct Professor at CSUEB, and Private Vocal Coach. Mr. Castro has traveled around the world performing and conducting in various places such as Prague, Salzberg, Vienna, Munich, Israel, and throughout the United States. In addition to having his private vocal studio, Mr. Castro is an active soloist and clinician throughout the Bay Area high school and community ensembles.

FCS Rock and Roll Band Camp will bring future rockers together to learn and perform popular music in a fun and challenging musical learning environment. You will work in collaboration with your other campers to perform songs in various genres, as well as develop individual skills on your instruments. At the end of the camp, you will put on a performance for your families, friends, and fellow campers. Grades 6-8 welcomed, all genders. Basic instrumental/vocal skills preferred, but not required. Instruments available for camp: Drums, Guitar, Bass, Piano, and Vocals. Please bring your own instruments (minus drums). If you have another instrument that you would like to bring and play, please contact Mr. Castro for details. jcastro@fremontchrisitan.com